## THE INVENTION CLAIMED IS

- 1. A painted metal sheet which comprises a substrate metal sheet, a topcoat or clear paint layer of 5-40  $\mu$ m in thickness, formed on said substrate metal sheet, wherein said topcoat or clear paint layer is used for transfer-printing with a sublimation dye to realize a colored design and said topcoat or clear paint comprises a resin paint containing glass flakes of 8  $\mu$ m or less in thickness and 10-70  $\mu$ m in average length at a ratio of 5-25 wt.% and calcium silicate of 1-8  $\mu$ m in average primary particles size at a ratio of 0.5-10 wt.%, each based on a non-volatile component of said topcoat or clear paint.
- 2. The painted metal sheet of claim 1, wherein the topcoat or clear paint layer contains a component selected from the group consisting of triazine ultraviolet-absorbing agents and benzotriazole ultraviolet-absorbing agents.
- 3. The painted metal sheet of claim 1, further comprising an undercoat paint layer formed between said substrate metal sheet and said topcoat or clear paint layer.
- 4. The painted metal sheet of claim 1, further comprising a primer paint layer formed between said substrate metal sheet and said topcoat or clear paint layer.
- 5. The painted metal sheet of claim 1, wherein the topcoat or clear paint layer is transparent.
- 6. The painted metal sheet of claim 1, wherein the topcoat or clear paint layer is translucent.
- 7. A painted metal sheet, which comprises a substrate metal sheet, a topcoat or clear paint layer of 5-40  $\mu$ m in thickness formed on said substrate metal sheet, wherein said topcoat or clear paint layer is used for transfer printing with a sublimation dye to realize a colored design and said topcoat or clear paint comprises a resin paint containing powdery silica of 0.5-8  $\mu$ m in average particle size at a ratio of 1-10 wt. % based on a non-volatile component of said topcoat or clear paint.

- 8. The painted metal sheet of claim 7, wherein the topcoat or clear paint layer contains a component selected from the group consisting of triazine ultraviolet-absorbing agents and benzotriazole ultraviolet-absorbing agents.
- 9. The painted metal sheet of claim 7, further comprising an undercoat paint layer formed between said substrate metal sheet and said topcoat or clear paint layer.
- 10. The painted metal sheet of claim 7, further comprising a primer paint layer formed between said substrate metal sheet and said topcoat or clear paint layer.
- 11. The painted metal sheet of claim 7, wherein the topcoat or clear paint layer is transparent.
- 12. The painted metal sheet of claim 7, wherein the topcoat or clear paint layer is translucent.
- 13. A painted metal sheet, which comprises a substrate metal sheet, a topcoat or clear paint layer of 5-40  $\mu$ m in thickness formed on said substrate metal sheet, wherein said topcoat or clear paint layer is used for transfer printing with a sublimation dye to realize a colored design and said topcoat or clear paint comprises a resin constituent selected from the group consisting essentially of:
  - i) glass flakes, calcium silicate, and resin; and
  - ii) resin and powdery silica.
- 14. The painted metal sheet of claim 13, wherein constituent i further comprises a resin paint containing glass flakes of 8  $\mu$ m or less in thickness and 10-70  $\mu$ m in average length at a ratio of 5-25 wt.% and calcium silicate of 1-8  $\mu$ m in average primary particle size at a ratio of 0.5-10 wt.% each based on a non-volatile component of said topcoat or clear paint.
- 15. The painted metal sheet of claim 13, wherein constituent ii further comprises a resin paint containing powdery silica of 0.5-8  $\mu$ m in average particle size at a ratio of 1-10 wt.% based on a non-volatile component of said topcoat or clear paint.

- 16. The painted metal sheet of claim 13, wherein the topcoat or clear paint layer contains a component selected from the group consisting of triazine ultraviolet-absorbing agents and benzotriazole ultraviolet-absorbing agents.
- 17. The painted metal sheet of claim 13, further comprising an undercoat paint layer formed between said substrate metal sheet and said topcoat or clear paint layer.
- 18. The painted metal sheet of claim 13, further comprising a primer paint layer formed between said substrate metal sheet and said topcoat or clear paint layer.
- 19. The painted metal sheet of claim 13, wherein the topcoat or clear paint layer is transparent.
- 20. The painted metal sheet of claim 13, wherein the topcoat or clear paint layer is translucent.